

Bobby Miracle runs the 600 yard walk-run during PE class.

Rod Semon and Randy Oustad play volleyball in PE class.

PE Develops Physical Fitness

Physical Education includes a wide assortment of activities including body building exercises, various competitive games, and a study in health. Exercises develop the body and encourages the students to keep in shape. Competitive games teach the students sportsmanship and abiding by set rules. Health teaches the students a general health course including first aid.



Janis Gordon, Debo Akins, Brenda Ditto, Linda McCanally and Guen Rush shoot archery in PE.



FAVORITES





